

## YOUR TOP SURGERY MOST COMMON QUESTIONS

The AMOUNT and COLOR of your drainage from your drains is going to change DRASTICALLY from day to day and is NOT an emergency, please just keep stripping them and track the drainage until your follow up appointment.

It is VERY COMMON to experience pain, stinging, and discomfort when stripping your drains, this does NOT mean anything is wrong. Just keep stripping them as directed. You may even feel lightheaded or dizzy which is also normal. Lie down if this occurs.

The drain sites will be VERY sore, red and angry looking even. This is okay and nothing to get worried about. There is a stitch holding the drain in place, you can put some antibiotic ointment (any kind) or Vaseline on the site for comfort.

It is also common to not have much of an appetite. Make sure you are eating things with salt and sugar to keep your blood sugar stable and blood pressure within normal limits. If you feel dizzy or lightheaded, its most likely because your sugar is low.