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The following is a list of common medications and supplements to avoid prior to surgery.

Avoid these products at least 1- 2 weeks prior to surgery. Please note this is not a complete list of medications and supplements. Please review your medications and find out if they fall within these categories.

Prescription Medications:

Anti- Neoplastic: Arimidex, Nolvadex, Tamoxifen

Prescription NSAIDs and Naproxen's:

Naprosyn, Anaprox, Motrin, ibuprofen, Indocin, Feldene, Clinoril, Toradol, Tolectin, Naprogesic, Novo-Naprox sodium, Darvon, Propoxyphene, Equagesic, Fiorinal, Lortab ASA, Norgesic, Percodan, Soma Compound, talwin, Trilisate, Lodine, Daypro, Indocin, Nuprin, Voltaren, Orudis Oruvail, Nalfon, Relafen, Ansaid, , Celebrex

Non- Prescription:

Aspirin and Aspirin like compounds, Anacin products, Bayer aspirin products, Ascriptin, Aspergum, Aspercream, Bufferin, Buffaprin, Doans Pills, Ecotrin, Midol, St Joseph Aspirin products

Non-prescriptions:

Aleve, Advil, Excedrin IB, Midol IB, Motrin, Ibuprofen, Children's Advil, Children's Motrin, Cold/Flu/Sinus medications, Alka-Seltzer products, Pepto-Bismol, Dristan Sinus

Anti- Coagulants:

Coumadin, Heparin, Plavix. Pletal, Aggrenox, Persantine, Bextra, Tielid, Lovenox

Please note: Any patient who has had cardiac stents or other heart surgery in the past should talk with your cardiologist before stopping any aspirin or anti-coagulants products.

Please note: this information is intended to act as a guide only, for both prescription, non-prescriptions and herbal Products and, Other Natural Supplements.

Herbal Products and Other Natural Supplements:

Many patients take nutritional supplements and herbal remedies. these products are considered to be natural and may be beneficial for a variety of ailments, their use around the time of surgery may not be desirable.

Therefore, it is advisable to stop taking these products 2 weeks prior to surgery and 2 weeks following surgery to avoid problems with surgery and anesthesia.

Please discontinue these prior to surgery.

Aniseed, Arnica, Bishops weed, Bladderwrack, Bilberry, Bromelains, Cayenne, Celery seed, Chamomile, Clove, Cod liver oil, Dandelion, DHEA, Dong quai, Echinacea, Feverfew, Fish oil, Flax seed, Gamma Linoleic acid, Garlic, Ginger, Ginkgo Biloba, Ginseng, Glucosamine, Horseradish, Hawthorne, Kava kava, Licorice root, Ma Huang, Melatonin, Melilot, Onion, Papain, Parsley, Passionflower, Prickly ash, Red clover, Resveratrol, Sea Buckthorn, Sweet clover, Sweet woodruff, St John's wort, Tonka bean, Turmeric, Valerian, Vitamin E, Wild carrot, Wild lettuce, Willow bark, Yohimbe.

Testosterone Patient's

Weekly patients stop last dose prior to surgery

Bi weekly patients stop last dose prior to surgery

Daily cream users stop 3 days prior to surgery

May restart testosterone day after surgery on your normal schedule.