

SMOKING POLICY

Dr. Medalie requires that you stop smoking/vaping for at least 3 months prior to your surgery date. This includes no nicotine patches or nicotine gum during that time period. You should also avoid second hand smoke. You will need to continue no smoking for at least 3 MONTHS after surgery as well. No smoking means completely stopping smoking. You can't smoke one or two times during this time frame and think that it won't affect your surgical outcome. Nicotine is a vasoconstrictor that reduces nutritional blood flow to the skin, resulting in tissue ischemia and impaired healing of injured tissue. The reduced capacity for wound repair is a particular concern in patients undergoing plastic or reconstructive surgery. Smokers have a higher incidence of unsatisfactory healing, as well as a greater degree of complications following surgery with the worst of these complications being possible skin death and wound breakdown.

*No smoking marijuana 6 weeks prior to surgery and 8 weeks after surgery. You may use edible gummies anytime.

For these reasons, Dr. Medalie has a strict no tolerance policy regarding smoking and does run nicotine tests if he suspects non-compliance. If he finds that you have been smoking within 3 MONTHS of your surgery, your surgery may be cancelled. Please call our office if you have any questions regarding this policy